

## DO YOU HAVE A HEALTH CARE DIRECTIVE?

Does it clearly indicate how you want to be cared for in an emergency?

What happens if something bad happens and you can't speak for yourself?

Do you know your rights when it comes to treatment at the hospital?

What do "heroic measures" and "artificial means" really mean?

DNR – is it really followed these days?

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Topics addressed in the presentation include

- Legal issues around **Advance Care Planning** (ACP) and Health Care Directives (HCD), including the difference between a HCD and a Power of Attorney
- Your rights as a patient
- How to choose your health care proxy (substitute decision maker)
- How to ensure your wishes are carried out
- Comparisons of different types of HCDs, and a look at other forms used in advance care planning
- Discussion of common but imprecise phrases such as "heroic measures" and "artificial means"
- A walk through the ACP workbook and the Health Care Directive form
- How to complete the form / how to make copies
- What to do (and what NOT to do) with your HCD after it's completed
- Resources for those who want further information or guidance